



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

ACTIVITY REPORT

Submitted to

The Principal,

H. R. Patel Institute of Pharmaceutical Education & Research, Shirpur

Name of activity	Quantitative Structural Activity Relationship – an Overview	
Organizers	H. R. Patel Institute of Pharmaceutical Education & Research, Shirpur and BS Council for Education and Research	
Venue/ Date	Seminar Hall, 07/08/2024	No. of Participating students
Name of speaker	Dr. Ravindra Kulkarni	53
Topic	Quantitative Structural Activity Relationship – an Overview	
President	Dr. S. B. Bari	
In charge	Mr. D. M. Patil, Mr. N. B. Patil, Ms. S. N. Chordiya	
Brief Report on the Outcome of activity	Dr. Ravindra Sir's guest lecture was highly effective and well-received. He covered key aspects of Quantitative Structural Activity Relationship (QSAR), including its fundamental principles, mathematical models, and real-world applications in drug design. His discussion on the challenges and future directions in QSAR provided valuable insights. The interactive nature of the session, with opportunities for questions and clarifications, enhanced the learning experience. Attendees appreciated Dr. Ravindra's clear and engaging communication, which successfully conveyed complex concepts and highlighted the relevance of QSAR in advancing drug discovery. The positive feedback underscores the impact of his expert insights and the importance of such informative sessions.	

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'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

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Photograph/s



Google

H.R. Patel, Maharashtra, India
H.R Patel pharmacy College, Shirpur, Maharashtra 425405, India
Lat 21.346766°
Long 74.889891°
07/08/24 03:57 PM GMT +05:30

GPS Map Camera




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Name of activity	Harmonize your Health with Ayurvedic Diet & Exercise Secrets	
Organizers	H. R. Patel Institute of Pharmaceutical Education & Research, Shirpur and BS Council for Education and Research	
Venue/ Date	Seminar Hall, 09/09/2024	No. of Participating students
Name of speaker	Dr. Dipa Jain	115
Topic	Harmonize your Health with Ayurvedic Diet & Exercise Secrets	
President	Dr. S. B. Bari	
In charge	Mr. D. M. Patil, Mr. N. B. Patil, Ms. S. V. Patil.	
Brief Report on the Outcome of activity	The discussion on integrating Ayurvedic diet and exercise into health practices provided students with valuable insights into traditional wellness approaches. It explored how Ayurveda, an ancient system of medicine, focuses on balancing the body's energies through personalized dietary and exercise routines. Key principles, such as understanding doshas (body types) and their influence on individual health needs, were highlighted. The conversation emphasized the benefits of practices like mindful eating and tailored fitness regimens for overall well-being. Students were encouraged to consider how these Ayurvedic methods could complement conventional medical treatments and enhance patient care. The importance of continuing education in holistic health approaches was stressed as a means to develop a comprehensive understanding of wellness strategies for both personal and professional growth.	

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Name of activity	Science, Spirituality & Today's Youth.	
Organizers	H. R. Patel Institute of Pharmaceutical Education & Research, Shirpur and BS Council for Education and Research	
Venue/ Date	Seminar Hall, 09/09/2024	No. of Participating students
Name of speaker	Mr. Sushil Patil	115
Topic	Science, Spirituality & Today's Youth.	
President	Dr. S. B. Bari	
Convenor	Mr. S. K. Patil	
In charge	Mr. D. M. Patil	
Brief Report on the Outcome of activity	The discussion on "Science, Spirituality & Today's Youth" provided students with an insightful look at the intersection of these fields. It began by examining the distinct approaches of science and spirituality: science relies on empirical evidence and research, while spirituality focuses on personal experiences and inner growth. The conversations highlighted how today's youth are increasingly bridging these realms, integrating scientific knowledge with spiritual practices. For instance, mindfulness and meditation, often associated with spirituality, have been supported by scientific studies for their mental health benefits. The discussion emphasized that science and spirituality can complement each other, offering a more holistic perspective on health and well-being. Students were encouraged to consider how blending these viewpoints could enhance their understanding of patient care. The importance of staying open-minded and reflective about both domains was underscored, suggesting that a balanced approach could lead to more comprehensive health solutions. This integration of science and spirituality aims to prepare students for a more nuanced and empathetic approach to healthcare.	

The Shirpur Education Society's

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