



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Criteria: 1	Curricular Aspects
Key Indicator- 1.2	Academic Flexibility
Metric No. 1.2.1	Number of Add on /Certificate/Value added programs offered and online MOOC programs like SWAYAM, NPTEL etc. where the students of the institution have benefitted during the last five years)

Index for Notices, Brochures and Action taken report 2021-22

Sr. No	Particulars	Page No
1	Certificate Course on herbarium techniques	2-3
2	Add on certificate course on Add on certificate course on Transition Training: From B. Pharm to M. Pharm	4-7
3	Course on “Preparation on competitive examination”	8-10
4	Self-defence workshop under Yuvati Sabha Course	11-18

The Shirpur Education Society's

H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

Notice

11/05/2022

All the students of S. Y. B. Pharm are hereby informed that institute has framed and going to start a Certificate Course on Herbarium Techniques for 30 days duration from 24 May 2022 to 22 June 2022. So, interested students should enroll their names toward the coordinator of the course before 17 May 2022.

Time: 9.45 to 10.45 am



Dr. R. E. Mutha

Coordinator



Dr. S. B. Bari

PRINCIPAL

H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Report of Certificate Course on Herbarium Techniques

Duration of Course: 30 days (24 May 2022 to 22 June 2022) 30 Hours

Name of the coordinator: Dr. R. E. Mutha


Name of resource persons: Dr. R. E. Mutha, Mr. C. J. Bhavsar, Mr. V. S. Bagul

Scope of the course: To introduce and emphasize the importance of conservation and preservation of plant biodiversity. With this, make the students skilled to prepare and preserve the herbarium of the plant specimen.

No of participants: 113

Summary of the event:

Certificate Course on Herbarium Techniques was conducted from 24 May 2022 to 22 June 2022 on the syllabus as per need of current scenario and environmental situation. A total of 66 students of the S. Y. B. Pharm had attended the course and gained the knowledge and required skill relevant to herbarium and herbarium preparation. Along with this, students gained awareness and importance of conservation and preservation of plant biodiversity. At the end of the course, an assessment test was conducted to know the status of knowledge gained by the students. Finally, certificates of the course were distributed to the students.


Dr. R. E. Mutha
Coordinator




Dr. S. B. Bari
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Date: 01/01/2022

Notice

Dear First Year M.Pharm Students, We are pleased to inform you that the IQAC at H R Patel Institute of Pharmaceutical Education and Research is organizing an Add-on Certificate Course on "Transitional Training: From B. Pharm to M. Pharm". The course aims to provide you with essential knowledge and skills that will facilitate a smooth transition from your Bachelor's degree to the Master's program. The schedule of the program is enclosed with this notice. Kindly note that the attendance to this program is mandatory.

Course Details: "Transitional Training: From B. Pharm to M. Pharm"

Duration: 3rd January to 10th January 2022.

Time: 11.00 am to 5.30 pm

Venue: M.Pharm Classroom / Laboratory

Dr. L. R. Zawar
P. G. Incharge
H. R. Patel Institute of Pharmaceutical
Education and Research, Shirpur



Dr. S. B. Bari
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405



President :
Shri Amrishbai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Organized, Add on Certificate Course

"Transitional Training: From B. Pharm to M. Pharm"

3rd January 2022 – 10th January 2022

"Transition from Graduate Student to Post-Graduate Scholars"

Day 1: Monday, 3rd January 2022

Session	Time	Topic	Speaker
1	11.00 am to 2.00 pm	Inauguration & Address by Chief Guest	Dr. S B Bari Dr. P O Patil Dr. L R Zawar Dr. G B Patil
2	2.30 pm – 4.30 pm	The Master of Pharmacy: Course Regulation	Dr. L R Zawar
3	4.30 pm – 5.30 pm	Visit to HRPIPER Laboratories	Dr. L R Zawar

Day 2: Tuesday, 4th January 2022

4	11.00 am to 5.30 pm	Introduction to Laboratory Glassware's	Mr. M S Shaikh Mr. S N Jain
5		Practical's involving Laboratory Glassware's	

Day 3: Wednesday, 5th January 2022

6	11.00 am to 5.30 pm	Introduction to UV Spectroscopy	Dr. N R Shirsath Mr. R S Tade
7		Calibration Curve & Assay using UV	

Day 4: Thursday, 6th January 2022

8	11.00 am to 5.30 pm	Introduction to HPLC	Dr. Z G Khan Mr. P B Patil
9		Demonstration & Practical using HPLC	

Day 5: Friday, 7th January 2022

10	11.00 am to 5.30 pm	Introduction to Natural Products as Leads	Dr. R E Mutha Mr. C J Bhavsar
11		Practical on Natural Product Extraction	

Day 6: Saturday, 8th January 2022

Pharmaceutics

12	11.00 am to 5.30 pm	Formulation Development of Oral Solid Dosage Form (Tablet & Capsule)	Dr. V K Chatap
13		Practical for Evaluation of Oral Solid Dosage Form	

Quality Assurance

12	11.00 am to 5.30 pm	Validation, Verification & Qualification of Pharmaceutical Equipments	Dr. G B Patil
13			



H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, 9423918023, 9850223277.

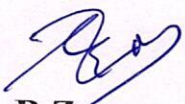
@ <http://www.hrpatelpharmacy.co.in> principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in




President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Pharmaceutical Chemistry			
12	11.00 am to 5.30 pm	Recrystallization & Distillation in Pharmaceutical Chemistry	Dr. P O Patil
13			
Day 7: Monday, 10 th January 2022			
Pharmaceutics			
14	11.00 am to 5.30 pm	Introduction to Dissolution Testing & factors affecting Dissolution of Drug/product	Dr. L R Zawar
15		Experiment on Dissolution Testing using USP Apparatus	
Quality Assurance			
14	11.00 am to 5.30 pm	Qualification of Tablet Compression Machine	Mr. M R Mahajan
15			Mr. D M Patil
Pharmaceutical Chemistry			
14	11.00 am to 5.30 pm	Green Synthesis & Introduction to Chromatography	Mr. N P Pawar
15			


Dr. L R Zawar
P. G. Incharge
H. R. Patel Institute of Pharmaceutical
Education and Research, Shirpur




Dr. S B Bari
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Activity report
Submitted to
The Principal,

H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

Name of Activity	"Transitional Training: From B. Pharm to M. Pharm"
Organizer	IQAC of H R Patel Institute of Pharmaceutical Education and Research
Venue	M.Pharm Classroom and Laboratories
Name of Speaker	Detailed Schedule along with list of speakers is enclosed
Date of activity	3 rd January to 10 th January 2022
Objectives	The primary objective of the workshop was to bridge the gap between the Bachelor of Pharmacy (B.Pharm) and Master of Pharmacy (M.Pharm) programs. The workshop consisted of theory sessions as well as hands-on training activities, offering a comprehensive learning experience to the participants.
In charge	Dr. Laxmikant Ramvallabh Zawar
Number of Participant	35
Brief Report on activity	The workshop encompassed a wide range of topics and practical sessions, enabling the participants to gain a deeper understanding of the M.Pharm curriculum and its practical applications. They had the opportunity to visit HRPIPER Laboratories, observing pharmaceutical processes and industry practices. The workshop included sessions on laboratory glassware, focusing on usage, handling, and maintenance, followed by hands-on practical exercises. UV spectroscopy was introduced, emphasizing its applications in pharmaceutical analysis, along with constructing calibration curves and performing assays. High-Performance Liquid Chromatography (HPLC) was introduced as a vital analytical technique, demonstrated through practical sessions. The role of natural products in drug discovery and their extraction techniques were discussed and practiced. Formulation development of oral solid dosage forms, evaluation techniques, and equipment qualification were covered. Principles and applications of recrystallization, distillation, dissolution testing, and qualification of tablet compression machines were explained and demonstrated. The workshop concluded with an introduction to green synthesis techniques and chromatography principles and applications.
Outcome	"Transitional Training: From B. Pharm to M. Pharm" successfully bridged the gap between B.Pharm and M.Pharm programs by providing theoretical knowledge and practical training sessions. Participants gained valuable insights, practical skills, and a deeper understanding of the transition from undergraduate to postgraduate studies. The workshop equipped them with the necessary tools to excel in their M.Pharm program and make meaningful contributions to the pharmaceutical industry. The workshop's success reflects [Your University/Institution Name]'s commitment to providing comprehensive and holistic education to its students.


Dr. L.R. Zawar
P. G. Incharge

**H. R. Patel Institute of Pharmaceutical
Education and Research, Shirpur**




Dr. S. B. Bari
PRINCIPAL

**H.R. Patel Institute of Pharmaceutical
Education & Research**
Shirpur Dist. Dhule (M.S) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277.

Ⓜ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Report on a course on "Preparation for Competitive Examination" (AY. 2021-22)

Duration of Course: 20.02.2021 to 30.03.2021 (36 hrs)

Topic of Course: course on "Preparation for Competitive Examination"

Name of Course Coordinator: Mr Z. G. Khan

Syllabus: Syllabus given by NTA FOR National level exam for Pharmacy (Graduate Aptitude Test for Pharmacy).


Scope of Course: The scope of a course on "Preparation for Competitive Examinations like GPAT (Graduate Pharmacy Aptitude Test)" is to provide aspiring pharmacy students with comprehensive guidance and resources to excel in this specific competitive exam. GPAT is a national-level entrance exam conducted in India for admission to postgraduate pharmacy programs and is highly competitive.

The course aims to cover all the essential subjects and topics that are part of the GPAT syllabus, including pharmaceutical sciences, pharmaceutical chemistry, pharmacology, pharmaceutics, pharmacognosy, and other related areas. It focuses on strengthening the students' understanding of key concepts, theories, principles, and their practical applications in the field of pharmacy.

No. of participants: 181

Summary of the event:

A short-term course on "Preparation for Competitive Examination" for the students was conducted from 20.02.2021 to 30.03.2021 on the syllabus created as per points mentioned by NTA. The Course was conducted with the guidance of Principal Sir. 181 students attended the course enthusiastically and gained the knowledge and skills required to crack national-level exams. Day-wise attendance was taken by respective teachers. After completion of the course, certificates were distributed to the attendees. This course will be helpful to students to get success in national level exams like GPAT and NIPER.


Mr. Z. G. Khan
Coordinator




Dr. S. B. Bari
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, 9423918023, 9850223277.




President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.


Notice

Date: 18/02/2021

All the staff members, Final and Third Year Pharmacy students are hereby informed that we are organizing a certificate course on "Preparation for Competitive Examination " which has been scheduled from 20.02.2021 daily 2 hours. The schedule of lectures and faculty name is attached here. You all are hereby requested to attend the same.


Mr. Z. G. Khan
Coordinator




Dr. S. B. Bari
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, 9423918023, 9850223277.




President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Schedule of course on "Preparation for Competitive Examination" w.e.f. 20/02/2021

Schedule

Sr. no.	Name of staff	Subject	Date	Hrs
1.	Prof S P Deshmukh	Pharmacology	20/2/2021	2
2.	Prof P O Patil	Biochemistry	22/2/2021	2
3.	Prof R E Mutha	Pharmacognosy	23/2/2021	2
4.	Prof V K Chatap	Pharmaceutics	27/2/2021	2
5.	Prof L R Zawar	Physical Pharmacy	1/3/2021	2
6.	Prof G B Patil	Physical chemistry	2/3/2021	2
7.	Prof N R Shirsath	Pharmaceutical Engineering	6/3/2021	2
8.	Prof P B Patil	Pharmaceutical Analysis	10/3/2021	2
9.	Prof M S Shaikh	Medicinal Chemistry	11/3/2021	2
10.	Prof C J Bhavsar	Biotechnology	13/3/2021	2
11.	Prof Z G Khan	Organic Chemistry	15/3/2021	2
12.	Prof P S Bafna	Pathophysiology	16/3/2021	2
13.	Prof R E Mutha	Microbiology	20/3/2021	2
14.	Prof D A Patil	Pharmaceutical Inorganic Chemistry	23/3/2021	2
15.	Prof V K Chatap	Biopharmaceutics And Pharmacokinetics	24/3/2021	2
16.	Prof C J Bhavsar	Pharmaceutical Jurisprudence	27/3/2021	2
17.	Prof L R Zawar	Dispensing & Hospital Pharmacy	29/3/2021	2
18.	Prof M R Mahajan	Pharmaceutical Inorganic Chemistry	30/3/2021	2


Mr. Z. G. Khan
Coordinator




Dr. S. B. Bari
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, © 9423918023, 9850223277.



H. R. Patel Institute of Pharmaceutical Education and Research

"Serving Nations' Health"

Approved by AICTE, PCI, Delhi, Govt. of Maharashtra, Mumbai, Affiliated to NMU, Jalgaon, & An ISO 9001:2008 Certified Institute

Shri. Amrishbhai R. Patel
President (M.L.A.)

Dr. Sanjaykumar B. Bari
Principal (M.Pharm., Ph.D.)

NOTICE

22/01/2022

All the girl students of First Year and Second Year B Pharm are hereby informed to remain present for the **Self Defense workshop (Certificate course – 32 Hour)** under Yuvati Sabha (Sponsored by Student Development Department, Kavayitri Bahinabai Chaudhari North Maharashtra University Jalgaon) from **24 January 2022 to 31 January 2022 (8 days)**.

Venue: College Ground

Time: 8.00 am to 10:00 am (2 Hr.) and 05:30 pm to 07:30 pm (2 Hr.)

Note:

1. During workshop, academic schedule will be regular for all Students.
2. Attendance for workshop is compulsory.
3. All girls participants will get certificate of participation.
4. Dress code for karate training will be Panjabi dress.
5. After completion of Eight Days Self-defense workshop, Best two participants will be shortlisted for Best Overall performance (1 Rank and 2 Rank)- which include-
 - a. 100 % Attendance for all 8 days
 - b. Active performance during Eight Days Self-defense workshop
 - c. She should be able to show the self-defense tricks if asked at the end of workshop

Mr. Z. G. Khan
Student Development Officer



Dr. S. B. Bari
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव,

विद्यार्थी विकास विभाग,

व शिरपूर एज्युकेशन सोसायटीचे

एच. आर. पटेल औषधनिर्माणशास्त्र महाविद्यालय, शिरपूर (जि. धुळे)


आयोजित

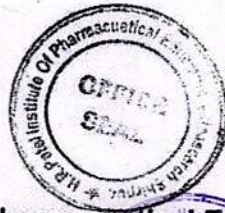
स्वयंसिद्धा अभियान कार्यशाळा अहवाल

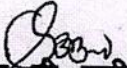
वेळ: सकाळी- ०७:०० ते ०९:००

शै. वर्ष. २०२१-२२ मध्ये एच. आर. पटेल इन्स्टिट्यूट ऑफ फार्मासुटिकल एज्युकेशन अँड रिसर्च, शिरपूर महाविद्यालयात दि. २४.०१.२०२२ ते ३१.०१.२०२२ या काळात अष्ट दिवसीय स्वयंसिद्धा अभियान घेण्यात आले होते. कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ अंतर्गत विद्यार्थी विकास विभागातर्फे युवती सभा कार्यक्रमांतर्गत या कार्यशाळेचे आयोजन करण्यात येते.

कार्यक्रमाच्या सुरुवातीला राष्ट्रगीत घेऊन या कार्यशाळेचे उद्घाटन महाविद्यालयाच्या प्राचार्य डॉ. एस. बी. बारी. यांच्या हस्ते करण्यात आले. सकाळी ७.०० वा. माननीय प्राचार्य डॉ. एस. बी. बारी. यांच्या हस्ते कराटे प्रशिक्षक श्री. नारायण पुरण पवार यांचे स्वागत करण्यात आले. मा. श्री. नारायण पुरण पवार यांचा परिचय स्वयंसिद्धा शिबिराचे समन्वयस्क व विद्यार्थी विकास अधिकारी प्रा. झेड जी खान यांनी करून दिला. त्यानंतर प्रा. झेड. जी. खान यांनी शिबिराचे ध्येय व उद्दिष्ट्ये विद्यार्थीनींना सांगितले.


प्रा. झेड जी खान
विद्यार्थी विकास अधिकारी




डॉ. एस. बी. बारी.
PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research,
Shirpur Dist. Dhule (M.S.) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

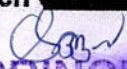
NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> @ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in


PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405



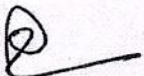
President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.


या उद्घाटनाचे अध्यक्ष व प्रमुख पाहुणे श्री. नारायण पुरण पवार यांनी भविष्यात येणारे संकटे, अडचणी या मुलींच्या जीवनात कशा येतात ते सांगितले. त्यावेळी मुलींनी आपली सुटका कशाप्रकारे करायची हे मार्गदर्शनपर भाषण केले. जास्तीत जास्त संखेने मुलींनी सहभागी होण्यास प्रेरित केले. तसेच त्यांना सांगण्यात आले कि ज्या विद्यार्थिनिंची उपस्तिथी पूर्ण असून ज्या विद्यार्थिनी दिलेले प्रशिक्षणात अव्वल असतील अश्या दोन विद्यार्थिनींना बक्षीस म्हणून ट्रॉफी देण्यात येईल. या शिबीरात प्रथम वर्ष आणि द्वितीय वर्षाच्या बी. फार्मसीच्या मुलींना शिबीरात सहभागी करण्यात आले होते.

दि. २४.०१.२०२२ सकाळी ७.०० वा प्रशिक्षक श्री. नारायण पुरण पवार यांनी मनाची व शरीराची तयारी करून घेतली. त्यासाठी त्यांनी मुलींकडून मान फिरवने, हाथ फिरवने, तसेच कमरेचे सुधा व्यायम करून घेतले आशयाच काही पूरक व्यायाम हालचाली करून घेतल्या. ज्युडो या प्रकारात शारिरिक हालचाली, हातवारे, पायाचे व्यायाम हालचाली ह्या पोषक असल्याचे सांगितले. योग्य भार देण्यासाठी अचुकता येण्यासाठी काही योग सांगितले, तशी कृती पण करून दाखवली आणि सराव करून घेतला.

दि. २५.०१.२०२२ ला मुलींमधील उत्साहाचे वातावरण होते. आपण काहीतरी वेगळे करतो आहोत याची त्यांना जाणीव होती म्हणून प्रशिक्षकांनी त्यांना काही कौशल्य सांगितले, जसे रस्त्याने होणारी मुलींची छेडखानी मागून कोण खांद्यावर हात ठेवला, कसा प्रतिकार करायचा त्यासाठी बॅक पंच यात मागून पंच मारायचा व बाजूने कसे सौरक्षनाची कृती करायची हे सांगितले त्यासाठी हातचा L बो काढून धक्का कसा द्यावा हे सांगितले व कृती करून शिकवले.


प्रा. झेड जी खान
विद्यार्थी विकास अधिकारी




डॉ. एस. बी. बारी.
PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research,
Shirpur Dist. Dhule (M.S.) 425 405.

H. R. Patel Institute of Pharmaceutical Education and Research


NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist: Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277

@ <http://www.hrpatelpharmacy.co.in> @ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in


PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405



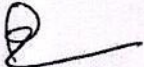
President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

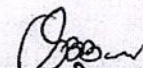
दि. २६.०१.२०२२ स्लाप फेस किक म्हणजे तोंडावर मारणे चेहऱ्यावर हात लावला किंवा काही वस्तू फेकली तर कशा प्रकारे आपण आपल्या पायाचा वापर करून समोरच्या व्यक्तीच्या तोंड किंवा छातीला धक्का मारायचा असे या कृतीत मुलींना शिकवले व त्याचबरोबर कसा बचाव करायचा हे पण शिकवले आणि सराव करून घेतला. तसेच समोरच्या व्यक्तीच्या पोटावर फ्रंट किक मारल्या नंतर व्यक्तीचा तोंड खाली झाल्यावर पायाचा घुडघा (नी किक) तोंडावर मारणे असे प्रशिक्षण दिले.

दि. २७.०१.२०२२ क्रॉस पंच म्हणजे साईडने मारणे आपल्या शरीरावर बाजूने हमला केल्यावर साईडच्या बाजूने हाताने पंच करायचा व समोरच्याचा होणारा हल्ला रोकण्यासाठी फेसब्लॉक म्हणजे आपला चेहरा छाती कशा प्रकारे बचाव करायचा ते मुलींच्या जोडीने कौशल्य कृतीतून शिकवले. तसेच समोरच्यानी तोंडावर पंच मारल्यावर तो समोरच्या हाताने बलाक करावे व मागचा पंच समोरच्या व्यक्तीच्या नाकावर मारावे (विनचून बलाक पंच).

दि. २८.०१.२०२२ या दिवशी शिबिराला मुलींचा प्रतिसाद उत्तम होता. साईड चाप म्हणजे दोन्ही बाजूने हमला झाल्यास हाताने समोरच्या व्यक्तीच्या मानेवर हा वर (चाप) बसावा असे हे कौशल्य आहे ते कृतीतून मुलींना शिकवले व होणाऱ्या चुकांची दुरुस्ती करण्यात आली. तसेच मुलींना बक्सिंग चे तिन्ही पंच स्ट्रेट पंच (नाकावर मारणे), साईड पंच (जबड्यावर मारणे) व अप्पर कट (हनुवटीवर मारणे) शिकवले.


प्रा. झेड जी खान
विद्यार्थी विकास अधिकारी




डॉ. एस. बी. बारी.
PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research,
Shirpur Dist. Dhule (M.S.) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

☎ (02563) 257599 ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> @ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in




PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405



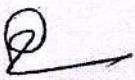
President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.


दि. २९.०१.२०२२ सनब्लॉक म्हणजे मागून पकडल्यास कमरे खालील भागास वाकून मागच्या व्यक्तीचे पाय वाकून पकडणे आणि त्याला खाली पाडणे अशीही कृती आहे ती शिकवली व तिचा सराव करून घेतला यात या आधी झालेल्या कौशल्याचा पण सराव करून घेतला. मुलींना आपसात लढवून कृती करून आक्रमक व बचावात्मक कौशल्ये शिकवली. तसेच या दिवशी कोपर (एलबो) चा वापर कसा करावा हे शिकवले.

दि. ३०.०१.२०२२ इस्ट मिडल किक म्हणजे समोरच्या व्यक्तीच्या पोटावर मारणे. एखाद्या वेळी समोरून येणारी व्यक्ती धावत येत असेल व हल्ला करत असेल त्यावेळी अचानक कृती करणे ती म्हणजे आपल्या पायाने समोरच्या च्या पोटा मध्ये पाय मारणे म्हणजे मिडल किक होय. या कृतीचा सराव प्रशिक्षकांनी करून घेतला व होणाऱ्या अडचणी दूर केल्या. अप्परब्लॉक मुलींना डोक्यावर काठीने मारल्यास तो वार वाचवण्यासाठी हातांचा वापर करून तो कसा बचाव करावा हे कृतीकरून सराव केला गेला. या आधीच्या कौशल्याचा सराव करून घेतला. मुलींना उबुकावून हा फार्म शिकवले. या फार्म मध्ये वेगवेगळे पद्धतीने हल्ल्या करण्याची प्रशिक्षण दिले.

दि. ३१.०१.२०२२ लोहार ब्लॉक म्हणजे पोटावरील वार बचावासाठी दोन्ही हातांनी ब्लॉक करणे. या कृतीत समोरच्या व्यक्तीचा पाय खाली खेचणे आणि त्याला जमिनीवर पाडणे, अशी कृती प्रशिक्षकाने करून दाखविली. मुलींकडून कौशल्याचा सराव करून घेतला. फॉर्वर्ड चाप हा छातीवरील संरक्षणासाठी किंवा कॉलर, केस पकडल्यास समोरच्या व्यक्तीच्या मानेवर चेहऱ्यावर हाताचा चाप बनवून मारणे, अशा कृतीतून स्वतःचा बचाव कसा प्रकारे करावा हे मुलींना कृतीतून शिकवले.


प्रा. झेड जी खान
विद्यार्थी विकास अधिकारी




डॉ. एस. बी. बारी.
PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research,
Shirpur Dist Dhule (M.S.) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist. Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> @ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in


PRINCIPAL

H. R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405




President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.


समारोप

समारोप प्रसंगी विद्यार्थीनिनी आपले मनोगत कृतीतून करून दाखविले. आठ दिवसीय शिबिरातून घेतलेले ज्ञान व त्याच्या कृतीत झालेला बदल त्यांना जाणवला. तो मुर्तीनी कथन करून दाखवला त्यांच्या अंगी आलेले धाडस इत्यादी गुणाची वाढ झालेली दिसली. त्यांची भीती दूर होऊन आत्म विस्वास वाढलेला दिसला. पुढे त्यांनी काही कृती हालचाली, पंच, चाप, व उबुकाव्ण हा फार्म इत्यादी मान्यवरांसमोर करून दाखवल्या.

समारोप प्रसंगी महाविद्यालयाचे प्राचार्य डॉ. एस. बी. बारी उपस्थित होते. त्यांनी विद्यार्थीनिनी केलेल्या कामाचा आढावा घेतला. विद्यार्थी विकास विभागा मार्फत स्वयंसिद्धा शिबिराचे उद्दिष्टे सफल झाले असे समाधान व्यक्त केले.


प्रा. झेड जी खान
विद्यार्थी विकास अधिकारी




डॉ. एस. बी. बारी.
PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research,
Shirpur Dist. Dhule (M.S.) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research

NBA accredited B. Pharm Programme

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist. Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> @ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in


PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

Activity report
Submitted to
The Principal,

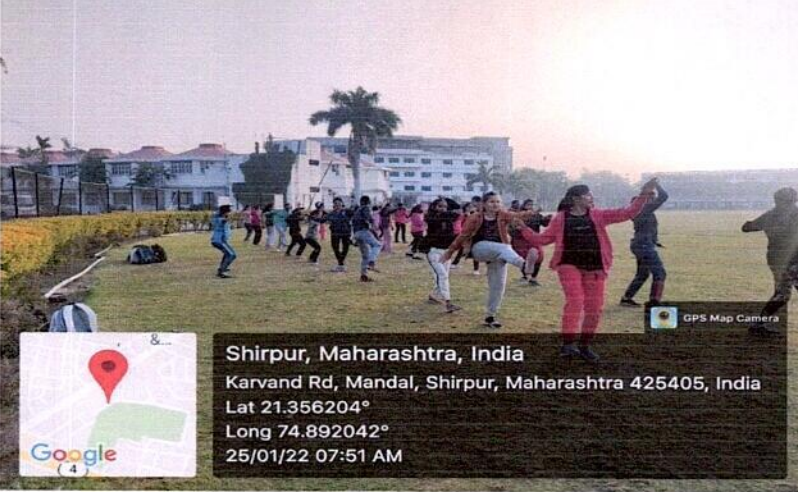
H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur


Name of Activity	Yuvati-sabha: Self-defense workshop
Organizer	H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur
Venue	R C Patel Pharmacy college ground
Name of Speaker With contact details	Mr Narayan Pawar (Black belt Trainer)
Date of activity	24 Jan 2022 to 31 Jan 2022
Objectives	1) To educate the girl students about the different types of violence against them. 2) To provide knowledge about the different tips of self-protection to keep in mind in different situations. 3) To show case and give demo on different self-defence techniques.
In charge	Mr. Z. G. Khan
Number of Participants	64
Brief Report on activity	In a world filled with bullying and societal pressures, we need our girls to grow up knowing that they are smart, strong, and empowered. No matter what goals they aspire to achieve, our young women need to know that if they work hard, they can reach for the stars. No matter her age or skill level, there is a place for her in our community and self-defense for girls could be the best thing for women of all ages. With the help of a grant received from the Student Development Department, KBC, NMU, and Jalgaon, we organized this workshop.
Photograph Of activity	




(Signature)
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405


H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

	
<p style="text-align: center;">Outcome</p>	<p>The learning outcomes from the workshop on Self Defence workshop are:</p> <ol style="list-style-type: none"> 1) The students learnt about the different kinds of violence that may be faced by girls or by women in any place including at home. 2) The student participants got different self-protection tips on how to avoid/defend by attacking a potential attacker by using objects or by striking on the soft spots of the attacker, when subjected to physical abuse, violence, crime, etc. 3) The students have the chance to see the live demo of the self defence techniques as demonstrated by the trainer and the companion cadets. The workshop concludes with a note on the promise from both the sides that these kind of workshops will be continued in the times to come.


 Prof Dr. S.B Bari


 In- charge faculty




PRINCIPAL
 H.R Patel Institute of Pharmaceutical
 Education & Research
 Shirpur Dist.Dhule(M.S) 425 405