



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Criteria: 1	Curricular Aspects
Key Indicator- 1.2	Academic Flexibility
Metric No. 1.2.1	Number of Add on /Certificate/Value added programs offered and online MOOC programs like SWAYAM, NPTEL etc. where the students of the institution have benefitted during the last five years)

Index for Notices, Brochures and Action taken report 2018-19

Sr. No	Particulars	Page No
1	Certificate Course on herbarium techniques	2-3
2	Add on certificate course on Hands of training of sophisticated technique	4-6
3	Course on “Preparation on competitive examination	7-9
4	Self-defence workshop under Yuvati Sabha Course	10-16
5	Yoga course	17-21

The Shirpur Education Society's

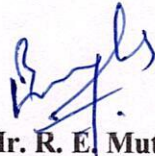
H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

Notice

16/02/2019

All the students of S. Y. B. Pharm are hereby informed that institute has framed and going to start a **Certificate Course on Herbarium Techniques** for 30 days duration from 1 March 2019 to 30 March 2019. So, interested students should enroll their names toward the coordinator of the course before 21 February 2019.

Time: 9.45 to 10.45 am



Mr. R. E. Mutha
Coordinator



Dr. S. B. Bari
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

The Shirpur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

Report of Certificate Course on Herbarium Techniques

Duration of Course: 30 days (1 March 2019 to 30 March 2019) 30 Hours

Name of the coordinator: Mr. R. E. Mutha


Name of resource persons: Mr. R. E. Mutha, Mr. C. J. Bhavsar

Scope of the course: To introduce and emphasize the importance of conservation and preservation of plant biodiversity. With this, make the students skilled to prepare the herbarium of the plant specimen.

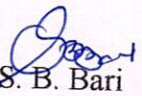
No of participants: 66

Summary of the event:

Certificate Course on Herbarium Techniques was conducted from 1 March 2019 to 30 March 2019 on the syllabus as per need of current scenario and environmental situation. A total of 66 students of the S. Y. B. Pharm had attended the course and gained the knowledge and required skill relevant to herbarium and herbarium preparation. Along with this, students got awareness and importance of conservation and preservation of plant biodiversity. At the end of the course, an assessment test was conducted to know the status of knowledge gained by the students. Finally, certificates of the course were distributed to the students.


Mr. R. E. Mutha
Corodinator




Dr. S. B. Bari
PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Date: 27/08/2018

Notice


Dear First Year M.Pharm Students, We are pleased to inform you that our institute is organizing an Add-on Certificate Course on "Hands-on Training of Sophisticated Instruments". The aim of the course is to provide practical training and hands-on experience in utilizing sophisticated instruments commonly used in the pharmaceutical industry. The schedule of the program is enclosed with this notice. Kindly note that the attendance to this program is mandatory.

Course Details: "Hands-on Training of Sophisticated Instruments".


Duration: 3rd September 2018 to 8th September 2018.

Time: 11.00 am to 5.30 pm

Venue: M.Pharm Classroom / Laboratory


Dr. L R Zawar
Co-Ordinator




Dr. S B Bari
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

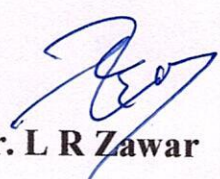
H R Patel Institute of Pharmaceutical Education & Research

Organized, Add on Certificate Course


"Hands-on Training of Sophisticated Instruments"

3rd September 2018 - 8th September 2018.

"Hands-on Training of Sophisticated Instruments"				
3rd September 2018 - 8th September 2018				
Sr. No	Day and Date	Time	Topics	Duration
01	Monday, 3 rd September	11.00 am - 5.30 pm	Introduction and Experiments on the use of electronic weighing balance, pH meter, refractometer, conductometer and colorimeter.	6 hrs.
02	Tuesday, 4 th September	11.00 am - 5.30 pm	Introduction to UV Spectroscopy, Calibration Curve & Assay using UV	6 hrs.
03	Thursday, 6 th September	11.00 am - 5.30 pm	Introduction to HPLC, Demonstration & Practical using HPLC	6 hrs.
04	Friday, 7 th September	11.00 am - 5.30 pm	Formulation Development of Oral Solid Dosage Form (Tablet & Capsule), Practical for Evaluation of Oral Solid Dosage Form	6 hrs.
05	Saturday, 8 th September	11.00 am - 5.30 pm	Handling of Bulk Density Apparatus, Roche's Friabilator, Hardness Tester and Disintegration Apparatus. Demonstration and determination of particle size and zeta potential using particle size analyzer.	6 hrs.


Dr. L R Zawar
Co-Ordinator




Dr. S B Bari
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist Dhule (M.S) 425 405

The Shirpur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277.

Ⓔ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in




President :
Shri Amrishbhai R. Patel
M.L.A.

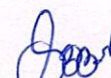
Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Activity report
Submitted to
The Principal,
H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

Name of Activity	"Hands-on Training of Sophisticated Instruments"
Organizer	H R Patel Institute of Pharmaceutical Education and Research
Venue	M.Pharm Classroom and Laboratories
Name of Speaker	Detailed Schedule is enclosed
Date of activity	3 rd September 2018 to 8 th September 2018
Objectives	The objectives of the "Hands-on Training of Sophisticated Instruments" course were to provide students with practical experience in using instruments commonly utilized in the pharmaceutical industry.
In charge	Dr. Laxmikant Ramvallabh Zawar
Number of Participant	25
Brief Report on activity	The "Hands-on Training of Sophisticated Instruments" course provided students with practical experience in utilizing instruments commonly used in the pharmaceutical industry, including electronic weighing balance, pH meter, refractometer, conductometer, and colorimeter. Students learned the principles and applications of UV Spectroscopy, constructing calibration curves, and performing UV assays. Practical exercises were conducted to reinforce their understanding. Students were also introduced to HPLC, where they observed instrument setup and performed HPLC analysis, interpreting chromatograms. The course covered formulation development of oral solid dosage forms, including excipient selection, granulation techniques, and tablet compression. Practical evaluations were conducted for weight variation, hardness, friability, and disintegration. Additionally, students gained familiarity with specific instruments such as the Bulk Density Apparatus, Roche's Friabilator, Hardness Tester, Disintegration Apparatus, and Particle Size Analyzer, conducting experiments to determine particle size and zeta potential.
Outcome	the "Hands-on Training of Sophisticated Instruments" course equipped students with practical skills in operating a wide range of instruments used in the pharmaceutical industry. Through hands-on experience and practical exercises, students gained proficiency in UV Spectroscopy, HPLC analysis, formulation development, and evaluation of oral solid dosage forms. This comprehensive training will enable them to confidently apply their knowledge and skills in real-world pharmaceutical settings.


Dr. L R Zawar
Co-Ordinator




Dr. S B. Bari
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Report on a course on "Preparation for Competitive Examination" (AY. 2018-19)

Duration of Course: 21.08.2018 to 25.10.2018 (34 hrs)

Topic of Course: course on "Preparation for Competitive Examination"

Name of Course Coordinator: Mr Z. G. Khan

Syllabus: Syllabus given by NTA FOR National level exam for Pharmacy (Graduate Aptitude Test for Pharmacy).


Scope of Course: The scope of a course on "Preparation for Competitive Examinations like GPAT (Graduate Pharmacy Aptitude Test)" is to provide aspiring pharmacy students with comprehensive guidance and resources to excel in this specific competitive exam. GPAT is a national-level entrance exam conducted in India for admission to postgraduate pharmacy programs and is highly competitive.

The course aims to cover all the essential subjects and topics that are part of the GPAT syllabus, including pharmaceutical sciences, pharmaceutical chemistry, pharmacology, pharmaceutics, pharmacognosy, and other related areas. It focuses on strengthening the students' understanding of key concepts, theories, principles, and their practical applications in the field of pharmacy.

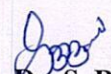
No. of participants: 123

Summary of the event:

A short-term course on "Preparation for Competitive Examination" for the students was conducted from 21.08.2018 to 25.10.2018 on the syllabus created as per points mentioned by NTA. The Course was conducted with the guidance of Principal Sir. 123 students attended the course enthusiastically and gained the knowledge and skills required to crack national-level exams. Day-wise attendance was taken by respective teachers. After completion of the course, certificates were distributed to the attendees. This course will be helpful to students to get success in national level exams like GPAT and NIPER.


Mr. Z. G. Khan
Coordinator




Dr. S. B. Bari
PRINCIPAL
H. R. Patel Institute of Pharmaceutical
Education & Research
Shirpur, Dist. Dhule (MS) 425 405

The Shirpur Education Society's

H. R. Patel Institute of Pharmaceutical Education and Research

'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

©(02563) 257599, ☎9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Notice

All the staff members, Final and Third Year Pharmacy students are hereby informed that we are organizing a certificate course on "Preparation for Competitive Examination " which has been scheduled from 21.08.2018 daily 2 hours. The schedule of lectures and faculty name is attached here. You all are hereby requested to attend the same.

Mr. Z. G. Khan
Coordinator



Dr. S. B. Bari

PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

The Shirpur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

☎(02563) 257599, ☎9423918023, 9850223277.

🌐 <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in




President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Schedule of course on "Preparation for Competitive Examination" w.e.f. 21/08/2018

Schedule

Sr. no.	Name of staff	Subject	Date	Hrs
1.	Prof K R Patil	Pharmacology	21/08/18	2
2.	Prof P O Patil	Medicinal Chemistry	22/08/18	2
3.	Prof R E Mutha	Pharmacognosy	04/09/18	2
4.	Prof V K Chatap	Pharmaceutics	05/09/18	2
5.	Prof L R Zawar	Physical Pharmacy	08/09/18	2
6.	Prof G B Patil	Physical chemistry	09/09/18	2
7.	Prof V K Chatap	Pharmaceutical Engineering	17/09/18	2
8.	Prof P B Patil	Pharmaceutical Analysis	18/09/18	2
9.	Prof P O Patil	Biochemistry	24/09/18	2
10.	Prof C J Bhavsar	Biotechnology	25/09/18	2
11.	Prof Z G Khan	Organic Chemistry	01/10/18	2
12.	Prof P S Bafna	Pathophysiology	04/10/18	2
13.	Prof P H Patil	Microbiology	06/10/18	2
14.	Prof D A Patil	Pharmaceutical Inorganic Chemistry	09/10/18	2
15.	Prof V K Chatap	Biopharmaceutics And Pharmacokinetics	16/10/18	2
16.	Prof C J Bhavsar	Pharmaceutical Jurisprudence	23/10/18	2
17.	Prof L R Zawar	Dispensing & Hospital Pharmacy	25/10/18	2


Mr. Z. G. Khan
Coordinator




Dr. S. B. Bari
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

The Shirpur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

©(02563) 257599, ☎9423918023, 9850223277.

🌐 <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in



H. R. Patel Institute of Pharmaceutical Education and Research

"Serving Nations' Health"

Approved by AICTE, PCI, Delhi, Govt. of Maharashtra, Mumbai, Affiliated to NMU, Jalgaon, & An ISO 9001:2008 Certified Institute

Shri. Amrishbhai R. Patel
President (M.L.A.)

Dr. Sanjaykumar B. Bari
Principal (M.Pharm., Ph.D.)

NOTICE

31/01/2019

All the girl students of First Year and Second Year are hereby informed to remain present for the **Self Defense workshop (Certificate course – 32 Hour)** under Yuvati Sabha (Student Development Department, Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon) from **01 February 2019 to 08 February 2019 (8 days)**.

Venue: College Ground

Time: 8.00 am to 10:00 am (2 Hr.) and 05:30 pm to 07:30 pm (2 Hr.)

Note:

1. During workshop, academic schedule will be regular for all Students
2. Attendance for workshop is compulsory
3. All girls participants will get certificate of participation
4. Dress code for karate training will be Panjabi dress

Mr. Z. G. Khan
Student Development Officer



Dr. S. B. Bari
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405

Address: Karwand Naka, Shirpur Dist. Dhule (425 405) M.S. (India)

Contact: +91 2563-257599; +91 9049032111; +91 9850223277

Email: principal@hrpatelpharmacy.co.in; registrar@hrpatelpharmacy.co.in

Website: www.hrpatelpharmacy.co.in



H. R. Patel Institute of Pharmaceutical Education and Research

"Serving Nations' Health"

Approved by AICTE, PCI, Delhi, Govt. of Maharashtra, Mumbai, Affiliated to NMU, Jalgaon, & An ISO 9001:2008 Certified Institute

Shri. Amrishbhai R. Patel
President (M.L.A.)

Dr. Sanjaykumar B. Bari
Principal (M.Pharm., Ph.D.)

कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव,

विद्यार्थी विकास विभाग,

व शिरपूर एज्युकेशन सोसायटीचे

एच. आर. पटेल औषधनिर्माणशास्त्र महाविद्यालय, शिरपूर (जि. धुळे)

आयोजित

स्वयंसिद्धा अभियान कार्यशाळा अहवाल

दि. ०८-०२-२०१९

शे. वर्ष .२०१८ - २०१९ मध्ये एच. आर .पटेल इन्स्टिट्यूट ऑफ फार्मासुटिकल एज्युकेशन अँड रिसर्च, शिरपूर महाविद्यालयात दि. ०१-०२-२०१९ ते ०८-०२-२०१९ या काळात अष्ट दिवसीय स्वयंसिद्धा अभियान घेण्यात आले होते. कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ अंतर्गत विद्यार्थी विकास विभागातर्फे युवती सभा कार्यक्रमांतर्गत या कार्यशाळेचे आयोजन करण्यात येते.

या कार्यशाळेचे उद्घाटन महाविद्यालयाच्या प्राचार्य डॉ. एस. बी. बारी. यांच्या हस्ते करण्यात आले. सकाळी ७.०० वा. माननीय प्राचार्य डॉ. एस. बी. बारी. यांच्या हस्ते कराटे प्रशिक्षक श्री. जयसिंग आर. पाडवी यांचे स्वागत करण्यात आले. मा. श्री. जयसिंग आर. पाडवी यांचा परिचय स्वयंसिद्धा शिबिराचे समन्वयस्क प्रा. वाय. बी. ठाकूर यांनी करून दिला. त्यानंतर विद्यार्थी विकास अधिकारी प्रा. झेड. जी. खान यांनी शिबिराचे ध्येय व उद्दिष्टे विद्यार्थीनीना सांगितले.

विद्यार्थी विकास अधिकारी



PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405

प्रचार्य
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research,
Shirpur Dist. Dhule (M.S) 425 405

Address: Karwand Naka, Shirpur Dist. Dhule (425 405) M.S. (India)
Contact: +91 2563-257599; +91 9049032111; +91 9850223277
Email: principal@hrpatelpharmacy.co.in; registrar@hrpatelpharmacy.co.in
Website: www.hrpatelpharmacy.co.in



H. R. Patel Institute of Pharmaceutical Education and Research

"Serving Nations' Health"

Approved by AICTE, PCI, Delhi, Govt. of Maharashtra, Mumbai, Affiliated to NMU, Jalgaon, & An ISO 9001:2008 Certified Institute

Shri. Amrishbhai R. Patel
President (M.L.A.)

Dr. Sanjaykumar B. Bari
Principal (M.Pharm., Ph.D.)

या उद्घाटनाचे अध्यक्ष व प्रमुख पाहुणे श्री. जयसिंग आर. पाडवी यांनी भविष्यात येणारे संकटे, अडचणी या मुलींच्या जीवनात कशा येतात ते सांगितले.

त्यावेळी मुलींनी आपली सुटका कशाप्रकारे करायची हे मार्गदर्शनपर भाषण केले. जास्तीत जास्त संखेने मुलींनी सहभागी होण्यास प्रेरित केले. या शिबीरात प्रथम वर्ष आणि द्वितीय वर्षाच्या बी. फार्मसीच्या मुलींना शिबीरात सहभागी करण्यात आले होते.

दि. ०१-०२-२०१९ सकाळी ७.०० वा प्रशिक्षक श्री. जयसिंग आर. पाडवी यांनी मनाची व शरीराची तयारी करून घेतली. त्यासाठी त्यांची मुलींकडून काही पूरक व्यायाम हालचाली करून घेतल्या. ज्युडो या प्रकारात शारिरिक हालचाली, हातवारे, पायाचे व्यायाम हालचाली ह्या पोषक असल्याचे सांगितले. योग्य भार देण्यासाठी अचुकता येण्यासाठी काही योग सांगितले, तशी कृती पण करून दाखवली आणि सराव करून घेतला.

दि. ०२-०२-२०१९ ला मुलींमधील उत्साहाचे वातावरण होते. आपण काहीतरी वेगळे करतो आहोत याची त्यांना जाणीव होती म्हणून प्रशिक्षकांनी त्यांना काही कौशल्य सांगितले, जसे रस्त्याने होणारी मुलींची छेडखानी मागून कोण खांद्यावर हात ठेवला, कसा प्रतिकार करायचा त्यासाठी बॅक पंच यात मागून पंच मारायचा व बाजूने कसे सौरक्षनाची कृती करायची हे सांगितले त्यासाठी हातचा L बो काढून धक्का कसा द्यावा हे सांगितले व कृती करून शिकवले.

विद्यार्थी विकास अधिकारी



PRINCIPAL

H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405

ब्रांचाय
PRINCIPAL

H.R. Patel Institute of Pharmaceutical
Education & Research,
Shirpur Dist. Dhule (M.S.) 425 405

Address: Karwand Naka, Shirpur Dist. Dhule (425 405) M.S. (India)
Contact: +91 2563-257599; +91 9049032111; +91 9850223277
Email: principal@hrpatelpharmacy.co.in; registrar@hrpatelpharmacy.co.in
Website: www.hrpatelpharmacy.co.in

382



H. R. Patel Institute of Pharmaceutical Education and Research

"Serving Nations' Health"

Approved by AICTE, PCI, Delhi, Govt. of Maharashtra, Mumbai, Affiliated to NMU, Jalgaon, & An ISO 9001:2008 Certified Institute

Shri. Amrishbhai R. Patel
President (M.L.A.)

Dr. Sanjaykumar B. Bari
Principal (M.Pharm., Ph.D.)

दि.०३-०२-२०१९ फॉदर किक म्हणजे तोंडावर मारणे चेहऱ्यावर हात लावला किंवा काही वस्तू फेकली तर कशा प्रकारे आपण आपल्या पायाचा वापर करून समोरच्या व्यक्तीच्या तोंड किंवा छातीला धक्का मारायचा असे या कृतीत मुलींना शिकवले व त्याचबरोबर कसा बचाव करायचा हे पण शिकवले आणि सराव करून घेतला.

दि.०४-०२-२०१९ क्रॉस पंच म्हणजे साईडने मारणे आपल्या शरीरावर बाजूने हमला केल्यावर साईड च्या बाजूने हाताने पंच करायचा व समोरच्याचा होणारा हल्ला रोकण्यासाठी फेसब्लॉक म्हणजे आपला चेहरा छाती कशा प्रकारे बचाव करायचा ते मुलींच्या जोडीने कौशल्य कृतीतून शिकवले.

दि.०५-०२-२०१९ या दिवशी सुट्टी असून देखील शिबिराला मुलींचा प्रतिसाद उत्तम होता. साईड चाप म्हणजे दोन्ही बाजूने हमला झाल्यास हाताने समोरच्या व्यक्तीच्या मानेवर हा वर (चाप) बसावा असे हे कौशल्य आहे ते कृतीतून मुलींना शिकवले व होणाऱ्या चुकांची दुरुस्ती करण्यात आली.

दि.०६-०२-२०१९ सनब्लॉक म्हणजे मागून पकडल्यास कमरे खालील भागास वाकून मागच्या व्यक्तीचे पाय वाकून पकडणे आणि त्याला खाली पाडणे अशीही कृती आहे ती शिकवली व तिचा सराव करून घेतला यात याआधी झालेल्या कौशल्याचा पण सराव करून घेतला. मुलींना आपसात लढवून कृती करून आक्रमक व बचावात्मक कौशल्ये शिकवली.

दि.०७-०२-२०१९ इस्टमिडल किक म्हणजे समोरच्या व्यक्तीच्या पोटावर मारणे. एखाद्या वेळी समोरून येणारी व्यक्ती धावत येत असेल व हल्ला करत असेल त्यावेळी अचानक कृती करणे ती म्हणजे आपल्या पायाने समोरच्या च्या पोटा मध्ये पाय मारणे म्हणजे मिडल किक होय. या कृतीचा सराव प्रशिक्षकांनी करून घेतला व होणाऱ्या अडचणी दूर केल्या.

विद्यार्थी विकास अधिकारी



PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S.) 425 405

PRINCIPAL
H. R. Patel Institute of Pharmaceutical

Address: Karwand Naka, Shirpur Dist. Dhule (425 405) M.S. (Shirpur Dist. Dhule (M.S.) 425 405)
Contact: +91 2563-257599; +91 9049032111; +91 9850223277
Email: principal@hrpatelpharmacy.co.in; registrar@hrpatelpharmacy.co.in
Website: www.hrpatelpharmacy.co.in

383



H. R. Patel Institute of Pharmaceutical Education and Research

"Serving Nations' Health"

Approved by AICTE, PCI, Delhi, Govt. of Maharashtra, Mumbai, Affiliated to NMU, Jalgaon, & An ISO 9001:2008 Certified Institute

Shri. Amrishbhai R. Patel
President (M.L.A.)

Dr. Sanjaykumar B. Bari
Principal (M.Pharm., Ph.D.)

अप्परब्लॉक मुलींना डोक्यावर काठीने मारल्यास तो वार वाचवण्यासाठी हातांचा वापर करून तो कसा बचाव करावा हे कृतीकरून सराव केला गेला. या आधीच्या कौशल्याचा सराव करून घेतला.

दि.०८-०२-२०१९ लोहार ब्लॉक म्हणजे पोटावरील वार बचावासाठी दोन्ही हातांनी ब्लॉक करणे. या कृतीत समोरच्या व्यक्तीचा पाय खाली खेचणे आणि त्याला जमिनीवर पाडणे, अशी कृती प्रशिक्षकाने करून दाखविली. मुलींकडून कौशल्याचा सराव करून घेतला. फॉर्वर्ड चाप हा छातीवरील संरक्षणासाठी किंवा कॉलर, केस पकडल्यास समोरच्या व्यक्तीच्या मानेवर चेहऱ्यावर हाताचा चाप बनवून मारणे, अशा कृतीतून स्वतः चा बचाव कशा प्रकारे करावा हे मुलींना कृतीतून शिकवले.

समारोप

समारोप प्रसंगी विद्यार्थीनिनी आपले मनोगत कृतीतून करून दाखविले. आठ दिवसीय शिबिरातून घेतलेले ज्ञान व त्याच्या कृतीत झालेला बदल त्यांना जाणवला. तो मुलींनी कथन करून दाखवला त्यांच्या अंगी आलेले धाडस इत्यादी गुणाची वाढ झालेली दिसली त्यांची भीती दूर होऊन आत्मविश्वास वाढलेला दिसला. पुढे त्यांनी काही कृती हालचाली, पंच, चाप, इत्यादी मान्यवरांसमोर करून दाखवल्या.

समारोप प्रसंगी महाविद्यालयाचे प्राचार्य डॉ. एस. बी. बारी उपस्थित होते. त्यांनी विद्यार्थीनिनी केलेल्या कामाचा आढावा घेतला. विद्यार्थी विकास विभागा मार्फत स्वयंसिद्धा शिबिराचे उद्दिष्टे सफल झाले असे समाधान व्यक्त केले.

विद्यार्थी विकास अधिकारी



PRINCIPAL

H.R. Patel Institute of Pharmaceutical Education & Research
Shirpur Dist. Dhule (M.S.) 425 405

PRINCIPAL
H.R. Patel Institute of Pharmaceutical Education & Research,
Shirpur Dist. Dhule (M.S.) 425 405

Address: Barwand Naka, Shirpur Dist. Dhule (425 405) M.S. (India)

Contact: +91 2563-257599; +91 9049032111; +91 9850223277

Email: principal@hrpatelpharmacy.co.in; registrar@hrpatelpharmacy.co.in


Website: www.hrpatelpharmacy.co.in

384

**H. R. Patel Institute of Pharmaceutical Education and Research,
Shirpur**

Activity report
Submitted to
The Principal,

H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

Name of Activity	Yuvati-sabha: Self-defense workshop
Organizer	H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur
Venue	R C Patel Pharmacy college ground
Name of Speaker With contact details	Mr Jaysing Padvi (Black belt Trainer)
Date of activity	01 Feb 2019 to 08 Feb 2019
Objectives	1) To educate the girl students about the different types of violence against them. 2) To provide knowledge about the different tips of self-protection to keep in mind in different situations. 3) To show case and give demo on different self-defence techniques.
In charge	Mr. Z. G. Khan
Number of Participants	54
Brief Report on activity	In a world filled with bullying and societal pressures, we need our girls to grow up knowing that they are smart, strong, and empowered. No matter what goals they aspire to achieve, our young women need to know that if they work hard, they can reach for the stars. No matter her age or skill level, there is a place for her in our community and self-defense for girls could be the best thing for women of all ages. With the help of a grant received from the Student Development Department, KBC, NMU, and Jalgaon, we organized this workshop.
Photograph Of activity	
Outcome	The learning outcomes from the workshop on Self Defence workshop are: 1) The students learnt about the different kinds of violence that may be faced by girls or by women in any place including at home.

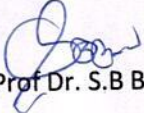



[Signature]
PRINCIPAL
H.R Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

H. R. Patel Institute of Pharmaceutical Education and Research, Shirpur

2) The student participants got different self-protection tips on how to avoid/defend by attacking a potential attacker by using objects or by striking on the soft spots of the attacker, when subjected to physical abuse, violence, crime, etc.

3) The students have the chance to see the live demo of the self defence techniques as demonstrated by the trainer and the companion cadets. The workshop concludes with a note on the promise from both the sides that these kind of workshops will be continued in the times to come.


Prof Dr. S.B Bari


In- charge faculty




PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

दिनांक 30/8 /2018

सूचना

आपल्या महाविद्यालयाने सर्व प्रथम वर्ष बी.फार्मसी,एम.फार्मसी च्या सर्व विद्यार्थींना कळविण्यात येते की आपल्या महाविद्यालयाने दिनांक 1 सप्टेंबर शनिवार 2018 पासून योगावरील एक महिन्याचा प्रमाणपत्र अभ्यास सुरु करणार आहे.यात निरोगी जीवन शैली राखण्यासाठी विद्यार्थ्यांनी या अभ्यासात सहभागी व्हावे आहे.तरी दि. 1 सप्टेंबर 2018 ते 30 सप्टेंबर 2018 पर्यंत सकाळी 7 वा. ते 8 वा. वेळेत उपस्थित रहावे.




PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist.Dhule(M.S) 425 405

The Shirpur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

©(02563) 257599, ☎9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in, registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Detailed Session Plan

CLASS: F. Y. B. Pharm, F. Y.M. Pharm	Duration & Date: 1/9/2018 to 30/9/2018
Course: Certificate Course on Yoga	Time period of Course: 30 Days

Sr.no	Name of Yoga Aasana	Action
	Meditation Compulsory Course	
1	10 Poses to Help You Warm Up for Yoga	
2	Standing in Tadanasa / Mountain Pose.	
3	Coming into Child's Pose, extend your arms out and walk them to the left slightly. Take your right hip and shoulder back. ...	First described what are the benefits of aasana' how it is done, and then performed Practically
4	fast-paced walking. jogging on the spot.	
5	Cardio Warm Ups. Cardio warm ups quickly raise your body temperature and get your blood flowing. Dynamic Movement. ...Static stretches.	
6	Sarvangasana	
7	Shalabha asana	
8	Surya Namaskar	
9	Trikona asana	
10	Vruksha asana	
11	Padmasana	
12	Vajrasana	
13	Pachimottanasana	
14	Halasana	
15	Shawasana	
16	Revision	
17	Revision	
18	Revision	




PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405

The Shripur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

INDEX

Sr.no.	Name of Yoga Aasana	Action
	Meditation Whole Course	
1	Surya-Namaskar	
2	Ardha - Maisyndra – asana	
3	Chakra asana	
4	Dhanura asana	
5	Ekapada asana	
6	Garuda- asana	
7	Gomokha asana	
8	Halasana	
9	Saral hasta bujangasana	
10	Hast pada asana	
11	Nawukasana	
12	Pawan mukta asana	
13	Wajra asana	
14	Shashank asana	
15	Tada asana	
16	Sirsha asana	
17	Dhanura asana	
18	Viparit shayan asana	
19	Viparit karani	
20	Sarawanga asana	
21	Ushtra asana	
22	Shawasana	
23	Shalbha asana	
24	Virasana	

First described what are the benefit of asana how it is done and then performed practically.



H.R. Patel
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (M.S) 425 405

The Shirpur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> @ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

Activity Report of Yoga Course

Name of Course; Certificate Course on Yoga

Duration: 1 September 2018 to 30 September 2018

Time: 7 am. to 8 am.

Resource Person:

Mr. Yogesh Thakur

Yoga teacher

No. of Student's Participated: 99

H.R.P.I.P.E.R. Shripur had organized 30 Days "Certificate Course on Yoga" in the duration of 1 September 2018 to 30 September 2018. The resource person of the programme was Mr. Yogesh Thakur, Yoga teacher, who guided students about how yoga helps in improving our mental as well as physical well-being and how we can keep ourself calm and thoughtful with the help of yoga and meditation.

Objective of the Course:

1. To make students more confident.
2. Make awareness about how yoga can help you to tackle hurdles in day to day life.
3. To make them realise how yoga can help in maintaining physical and mental health.
4. To make them strong enough for handling stressed condition.

Outcome of Program:


Students felt more energetic after the sessions.

They looked more confident after programme.

They realised that yoga can help in maintaining healthy life style.

They studied something new rather than academic course and positive energy was seen in them after each session.




PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shripur Dist. Dhule (M.S) 425 405

The Shripur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shripur - 425405, Dist : Dhule (MS).

☎ (02563) 257599, ☎ 9423918023, 9850223277.

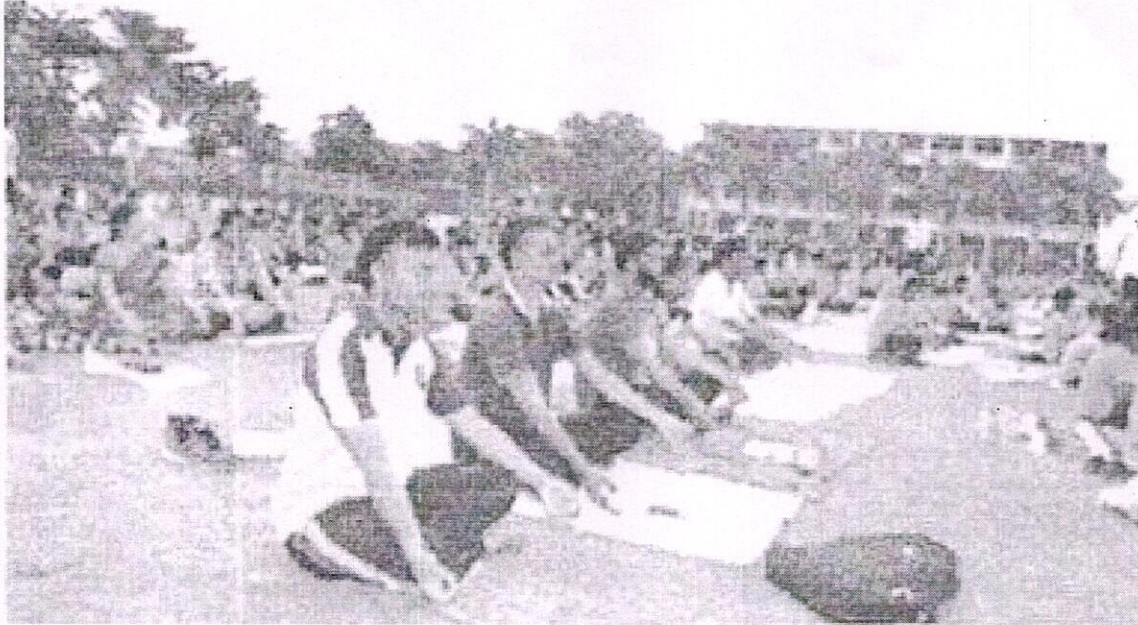
Ⓜ <http://www.hrpatelpharmacy.co.in> ✉ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in



President :
Shri Amrishbhai R. Patel
M.L.A.

Principal :
Dr. S. B. Bari
M.Pharm. Ph.D., D.I.M.F.J.C.

2018-2019



Handwritten signature
PRINCIPAL
H.R. Patel Institute of Pharmaceutical
Education & Research
Shirpur Dist. Dhule (MS) 425 405

The Shirpur Education Society's
H. R. Patel Institute of Pharmaceutical Education and Research
'Serving Nation's Health'

Karwand Naka, Shirpur - 425405, Dist : Dhule (MS).

© (02563) 257599, ☎ 9423918023, 9850223277.

@ <http://www.hrpatelpharmacy.co.in> @ principal@hrpatelpharmacy.co.in registrar@hrpatelpharmacy.co.in